

**GOLDEN DOOR SPA AT WALDORF ASTORIA PARK CITY  
ANNOUNCES NEW NATUROPATHIC PHYSICIAN**

*Dr. Trevor Holly Cates Practices Integrative, Holistic Medicine at Golden Door Spa*

PARK CITY, UTAH (March 15, 2010) – Golden Door Spa at Waldorf Astoria Park City is pleased to announce that naturopathic physician Dr. Trevor Holly Cates has opened a practice at the spa's Park City location. Dr. Cates is a primary care physician who treats patients through natural therapies, diet, exercise and lifestyle changes to improve overall health.

“We are thrilled that guests at Golden Door can take advantage of Dr. Cates’ expertise of 10 years as a naturopathic physician,” said Scott T. Cowdrey, Spa Director of Golden Door Park City. “Her holistic approach complements the Golden Door philosophy of fostering a balance of mind, body and spirit.”

Dr. Cates was the first woman licensed as a naturopathic doctor in California after receiving her degree from the National College of Natural Medicine in 2000. She has twice been appointed by California Governor Arnold Schwarzenegger to California’s Bureau of Naturopathic Medicine Advisory Council and was recently elected to the board of directors for the American Association of Naturopathic Physicians.

Dr. Cates lives with her husband and three children in Park City and also maintains a second medical practice in Santa Barbara, Calif.

**About Waldorf Astoria Park City**

Waldorf Astoria Park City is the first ski resort added to Waldorf Astoria Hotels & Resorts. Located at the base of The Canyons Resort Village in Park City, Utah, the property boasts 175 rooms appointed with custom furnishings, suites with gourmet kitchens and spectacular views of the ski slopes or Wasatch mountains. The elegant yet casual feel of the resort is created by the surrounding natural beauty with world-class amenities that include a 16,000 square foot Golden Door Spa offering wellness programs, unique treatments, custom-designed fitness center and hair and nail spa; the award-winning Spruce Restaurant offers all-day dining and après ski relaxation. Additional offerings include meeting space; a children’s camp, outdoor patios with fire pits and a heated pool with whirlpools that offer guests areas of relaxation year-round. For more information, please visit [www.parkcitywaldorfastoria.com](http://www.parkcitywaldorfastoria.com).

### **About Waldorf Astoria Hotels & Resorts**

WALDORF ASTORIA is Hilton Worldwide's luxury brand of landmark hotels, with each one as singular and timeless as the brand's namesake, The Waldorf=Astoria Hotel in New York. From classic elegance to modern grandeur, Waldorf Astoria Hotels & Resorts each represent worldly sophistication and unparalleled guest service. From sumptuous spas and culinary excellence to world-class golf, each hotel & resort offers the exquisite accommodations and signature accoutrements that define refinement and sophistication. Discover Waldorf Astoria by visiting [www.waldorfastoria.com](http://www.waldorfastoria.com).

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### **MEDIA CONTACT**

Sarah Siler  
Murphy O'Brien PR  
310-453-2539  
[ssiler@murphyobrien.com](mailto:ssiler@murphyobrien.com)